**Poetry Packet**

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**ABUSE**

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**ABUSE…**

Always coming home drunk

Beating down the door while I hide

Under my bed hoping you won’t find me

Seconds later you grab me and my life flashes before me

Everything you said was a lie you don’t love me

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**Why…**

Why am I so plain

Why do I go through so much pain

Why can’t I ever be happy

Why do you abuse me and slap me

My body is covered in bruises and scraps

Will I ever escape

Why don’t you love me

Why?

**Haiku…**

They are people too

They should not go through abuse

Love all animals

**Jason Michael Carroll - Alyssa Lies Lyrics**

I came home with tear-filled eyes

And said to him, "Daddy, Alyssa lies"

"Alyssa lies to the classroom

Everyday

Lies to the teachers

Tries to cover the bruises"

"Please bless my mom and dad

And my new friend Alyssa

I know she needs you bad

**List….**

Kids that are tired of being hurt

They get beat

They get punished

They get tortured

No one stands up

But what do they mean to you

What do they bring to the world

Why do we do it

Makes us feel good about ourselves

But, Please

Don’t hit me

Abuse me

Yeah, I’ll go on in life

Full of hate

**Just Because…**

Just because I’m not human

Doesn’t mean you can’t love me

Doesn’t mean I have to be punished

Doesn’t mean I don’t have feelings

Just because you don’t want a kid

Doesn’t mean you have to neglect me

Doesn’t mean you have to beat me

Doesn’t mean I have to feel unwanted

Just because you don’t love me

You don’t have to hurt me

You don’t have to forget about me

You don’t have to keep me

Just because who you are

Makes me not want to live

**I Don’t Understand…**

I don’t understand…

Why I can’t be loved

What I even did wrong

Why you hate me

But most of all…

Why people don’t help save me

Why I can’t have a normal life

Why I can’t just hide from you

What I understand most is…

That I am alive

That this isn’t humane

That somewhere out there someone cares

**I Am…**

I am

Scared, Hurt, Sad

I like when I’m not around you when you’re having a bad day

I like seeing smiling faces and Laughter from others

Deep down I know you have to love me in there somewhere

I know when I grow up I’ll never treat my kids like you treated me

Fearful of what my life is going to be like

Shattered from this life

This is me

I believe in the strength of others to help me

The happiness around me in the world

The human rights that I share with others

The selflessness in others

**Creed…**

I believe in the rights of all

The pain behind a child’s cry

The sadness in an animal’s eyes

The lies used to cover up

The bruises shown upon the arms

Fear, Pain, Secrets

But any one deserves it

I believe in healing a child’s hurt

I believe in making a difference

I believe in everyone being loved

Healing, Scars, Change

And I believe in rights of all